



DATE: \_\_\_\_\_  
 FILE#: \_\_\_\_\_

# DR. MICHAEL ADBELSAYED

Physical Medicine & Rehabilitation

## NEW PATIENT FORM

### PERSONAL INFORMATION

First Name: _____ Last Name: _____ Address: _____ City: _____ State: _____ Zip Code: _____	SS# _____ - _____ - _____ DOB: _____ PHONE: _____ EMAIL: _____
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### EMERGENCY CONTACT

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Phone: \_\_\_\_\_

REFERRING DOCTOR: \_\_\_\_\_

## NEW PATIENT HISTORY

Briefly explain the reason for your doctor visit today?

\_\_\_\_\_  
 \_\_\_\_\_

### Check Any That Apply to Your Medical History

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> High Blood Pressure  | <input type="checkbox"/> High Cholesterol           | <input type="checkbox"/> Heart Attack       |
| <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Stroke                     | <input type="checkbox"/> Osteoarthritis     |
| <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Ulcers                     | <input type="checkbox"/> Lupus              |
| <input type="checkbox"/> Spinal Cord Injury   | <input type="checkbox"/> Spinal Stenosis            | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Parkinson's Disease  | <input type="checkbox"/> Cancer If Yes, Type: _____ |   |

**Do you have any broken bones?**

Where? \_\_\_\_\_ When? \_\_\_\_\_

**Do you have any injuries associated with a car accident?**  No  Yes

If YES, Explain: \_\_\_\_\_

**Do you have any injuries associated with a sport's activity ?**  No  Yes

If YES, Explain: \_\_\_\_\_

**List All Surgeries you have had:**

When \_\_\_\_\_ Type: \_\_\_\_\_ Outcome: \_\_\_\_\_

When \_\_\_\_\_ Type: \_\_\_\_\_ Outcome: \_\_\_\_\_

When \_\_\_\_\_ Type: \_\_\_\_\_ Outcome: \_\_\_\_\_

**Family**

MOTHER:  Living  Deceased at age \_\_\_\_\_ Cause of Death: \_\_\_\_\_

FATHER::  Living  Deceased at age \_\_\_\_\_ Cause of Death: \_\_\_\_\_

**SOC History: How much tobacco do you use?**  Do Not Smoke  Yes

If YES, Explain: \_\_\_\_\_

**SOC History: How much alcohol do you use?**  Do Not Drink Alcohol  Occasionally  Frequently

**Do you Use or Have Used Drugs in the past?**  No  Yes

**Are you married?**  No  Yes **Children?**  No  Yes \_\_\_\_\_ How Many?

**Do You Live in a:**

House # Floors? \_\_\_\_\_ #Steps to Enter Home? \_\_\_\_\_

Apartment Which Floor? \_\_\_\_\_

**Do you own any of the following?**  Cane  Walker  Wheelchair  Bedside Commode

Shower Chair or Tub Bench  Hospital Bed

**Do you require any assistance walking?**  No  Yes

**Do you require any assistance with any of your daily activities?**  No  Yes

If Yes, Explain: \_\_\_\_\_

**List All Medications you currently are taking including (OTC) Over the Counter and Supplements:**

\_\_\_\_\_  
\_\_\_\_\_

**List All Allergies to any Foods or Medicine:**  None  Yes, See Below

\_\_\_\_\_  
\_\_\_\_\_

**REVIEW OF SYSTEMS: (CIRCLE ANY OF THE FOLLOWING YOU ARE EXPERIENCING)**

- |                         |                                     |                               |                     |
|-------------------------|-------------------------------------|-------------------------------|---------------------|
| CHRONIC HEADACHES       | VISUAL CHANGES                      | HEARING LOSS                  | RINGING IN THE EARS |
| DIFFICULTY SWALLOWING   | CHEST PAIN WITH ACTIVITY OR AT REST |                               | SHORTNESS OF BREATH |
| COUGH (PRODUCTIVE)      | ABDOMINAL PAIN,                     | INCONTINENCE OF BOWEL/BLADDER |                     |
| BLOOD IN URINE OR STOOL | KIDNEY STONE                        | GALL STONES                   | CONSTIPATION        |
| DIARRHEA                | WEIGHT GAIN/LOSS                    | LOSS OF APPETITE              | INSOMNIA            |
| DEPRESSION              | ANXIETY                             | FATIGUE                       | STRENGTH LOSS,      |
| NUMBNESS                | TINGLING                            | PAIN                          | MUSCLE SPASMS.      |

**When did your loss of strength start and what preceded this?**

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**If you experience PAIN, where is your PAIN and what is the Distribution of PAIN?**

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**When did your Pain start and what preceded this?**

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**Are you satisfied with your current level of fitness:**  Yes  No

**Would you like to Discuss this:**  Yes  No

**Do you exercise regularly:**  Yes  No

If YES, What Type and How Often: \_\_\_\_\_

**Are you trying to lose weight:**  Yes  No **Would you like to Discuss this:**  Yes  No

**Do you have any additional questions NOT addressed in this form? If so, list below**

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